









Statement of Risk 05/10/2022

Places safety as a top priority. Adventurous Activities involve some risks for the people taking part and Maldon Canoe Club keep these risks as low as possible. The chances of serious injury are extremely low, but the chance of minor injuries (bruises, bumps and less likely - minor fractures) are a possible result of taking part in Adventurous Activities. Maldon Canoe Club will minimise the actual dangers by:

- 1. Carrying out a careful assessment of all risks before commencing the activity.
- 2. Only using experienced instructors with the appropriate qualifications for any canoeing/ kayak activity.
- 3. Giving clear safety instructions to everyone participating.
- 4. Ensuring equipment is well- maintained and suitable for the activity and the environment.
- 5. Ensuring that canoeing / kayaking activities are within the capabilities of the participants.
- 6. Asking participants to supply any medical conditions or information.
- 7. Ensuring good hygiene standards are kept.

We expect participants to co-operate with Maldon Canoe Club to ensure safety of all participants, by following instructors and answering questions honestly about any medical conditions or other information relating to health and safety.